

Amount per serving

Calories **413**

% Daily Value*

Total Fat 23.2g **30%**

Saturated Fat 5.7g **29%**

Cholesterol 2mg **1%**

Sodium 267mg **12%**

Total Carbohydrate 51.5g **19%**

Dietary Fiber 1.1g **4%**

Total Sugars 39g

Protein 2.4g

Vitamin D 1mcg **4%**

Calcium 35mg **3%**

Iron 1mg **6%**

Potassium 104mg **2%**