

Amount per serving

**Calories** **404**

**% Daily Value\***

**Total Fat** 23.3g **30%**

Saturated Fat 4.5g **23%**

**Cholesterol** 1mg **0%**

**Sodium** 341mg **15%**

**Total Carbohydrate** 48.6g **18%**

Dietary Fiber 0.8g **3%**

Total Sugars 36g

**Protein** 2.1g

Vitamin D 2mcg **9%**

Calcium 18mg **1%**

Iron 1mg **7%**

Potassium 58mg **1%**