

Amount per serving

**Calories** **410**

**% Daily Value\***

**Total Fat** 25.5g **33%**

Saturated Fat 5.8g **29%**

**Cholesterol** 3mg **1%**

**Sodium** 289mg **13%**

**Total Carbohydrate** 42.7g **16%**

Dietary Fiber 1.1g **4%**

Total Sugars 30.4g

**Protein** 3.7g

Vitamin D 2mcg **9%**

Calcium 47mg **4%**

Iron 1mg **8%**

Potassium 131mg **3%**